

DOUNBY SURGERY

Patient Participation Group (PPG) Meeting

Wednesday 21st May 2025

Present: Lorraine Flett
Christine Northage

Helen Clouston
Hilary Morrell

Apologies: Katie MacLeod, Anne Slight, Lynn Runciman, Annabel Eltome, John Stockan, Kirsteen Hine, Erlend Nicolson

1. Welcome

Lorraine welcomed Christine and Hilary to the meeting.

2. Matters arising

Group members felt that no further input was required from the Engagement Advisor from Health Improvement Scotland at the moment.

3. Mission Statement

Group members had reviewed the samples of mission statements from other patient groups and are interested to establish their own statement to demonstrate what the group is about. Different methods to create the statement were discussed, however a further meeting with other group members specifically to discuss this may be required.

4. Cardiovascular Disease Prevention enhanced service

Helen told the group about a new enhanced service that the practice was planned to participate in. Cardiovascular disease is the second largest cause of overall disease burden in our country, and the second most common cause of death after cancer. It causes more than 25% of all deaths in Scotland, many of which are in the under 75 years category and considered avoidable deaths.

This means that they are preventable or treatable through public health interventions or timely and effective healthcare. To address this issue, the Scottish Government have commenced a national CVD Risk Factors Programme. Their aim is to reduce avoidable CVD deaths by 20% in 20 years.

Dounby Surgery will be contacting some eligible patients between the ages of 35 and 60 to invite them for a health check. The group discussed how the invitations may be prioritised and the best methods of inviting people to attend.

5. Call Recording

Lorraine informed the group that the practice was planning to start recording telephone calls. This will help protect staff from abusive callers, be used for training and to help when dealing with complaints. Group members were understanding of this decision.

6. PPG correspondence

No relevant correspondence had been received to the PPG email address.

7. Any other business

- **Island Games** – The practice is currently unclear on the impact of road closures when the cycling road race will be taking place on 16th July. Group members recommended contacting games organisers for some more information.

8. Date and time of next meeting

The next meeting is scheduled for Wednesday 21st May at 12.45pm.